



Lighting the Way:

25 Years of Afterschool Excellence

Prime Time Palm Beach County

Afterschool Symposium 2026

Prime Time
PALM BEACH COUNTY
Dedicated to Quality Out-of-School Time

PROMISING FAMILY ENGAGEMENT:

Content and Strategies

Folami Prescott-Adams, Ph.D.

HTI Catalysts

#AfterschoolSYM2026

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mizzen
EDUCATION



Agenda

Content: Engagement & Empowerment

Let's try on a few activities that get us engaged and empowered.

Strategies for Inviting Families to Engage

Let's share effective ways to call families in.

Questions, Comments & Concerns

Let's leave some time to hear your questions, comments & concerns.

Redundant, I know. 😊



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Fostering Family Leaders (FFL)



Fostering Family Leaders employs the Strengthening Families Framework through a Parent Leadership Program. It is designed to help parents and caregivers reflect upon their current strengths and build upon them to evolve to a new level of leadership in their homes, their child's school and in the community at large.

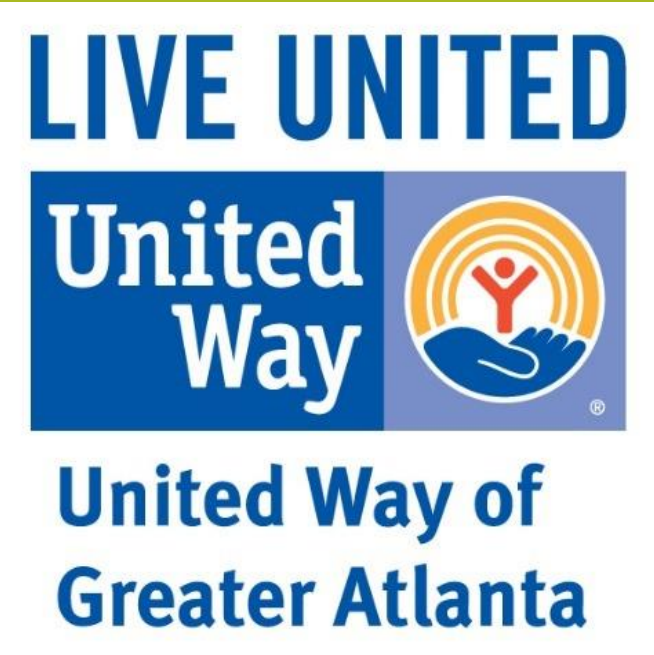
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Personal Crest

What's important to you? Who are you?

Power On Power Off

When can you turn the power off?

Five Protective Factors I-Messages

Strengthening Families Framework

When you _____, I feel _____ and I would like you to _____.

My 10-Year Vision

The journey of a thousand miles begins with one step.

Community Action Cycle

What difference can we make?

Personal Crest



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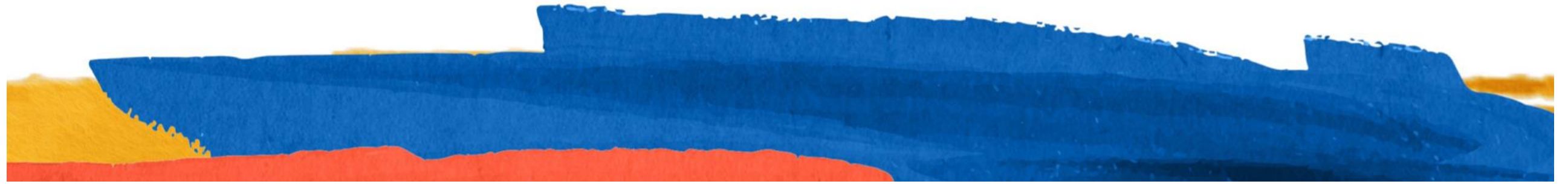
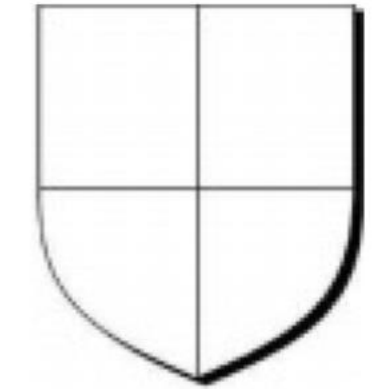
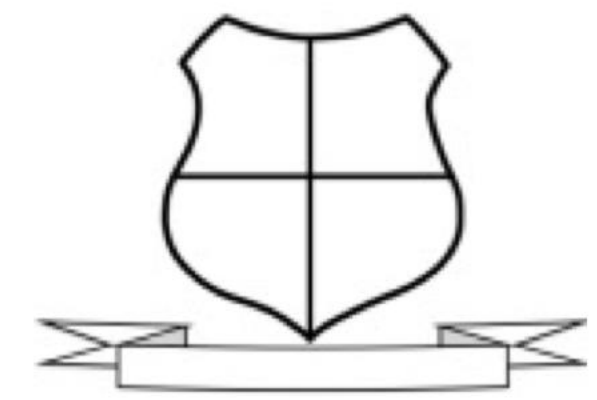
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Personal Crests

A word or emoji to express:

- A belief**
- A fear**
- A personal goal**
- A personal accomplishment**
- A role model**
- A favorite food**
- A talent**
- A hobby**



Personal Crest



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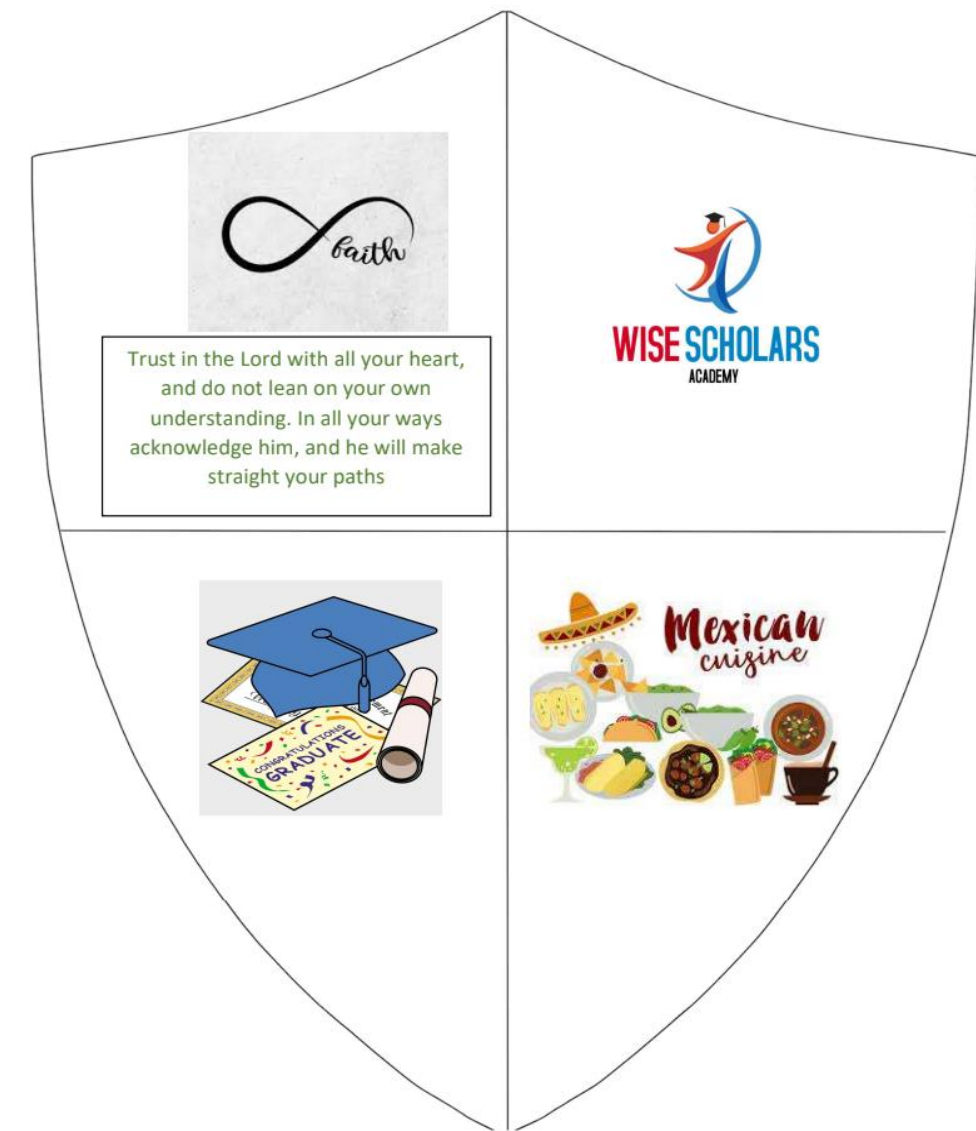
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Aketa's Crest





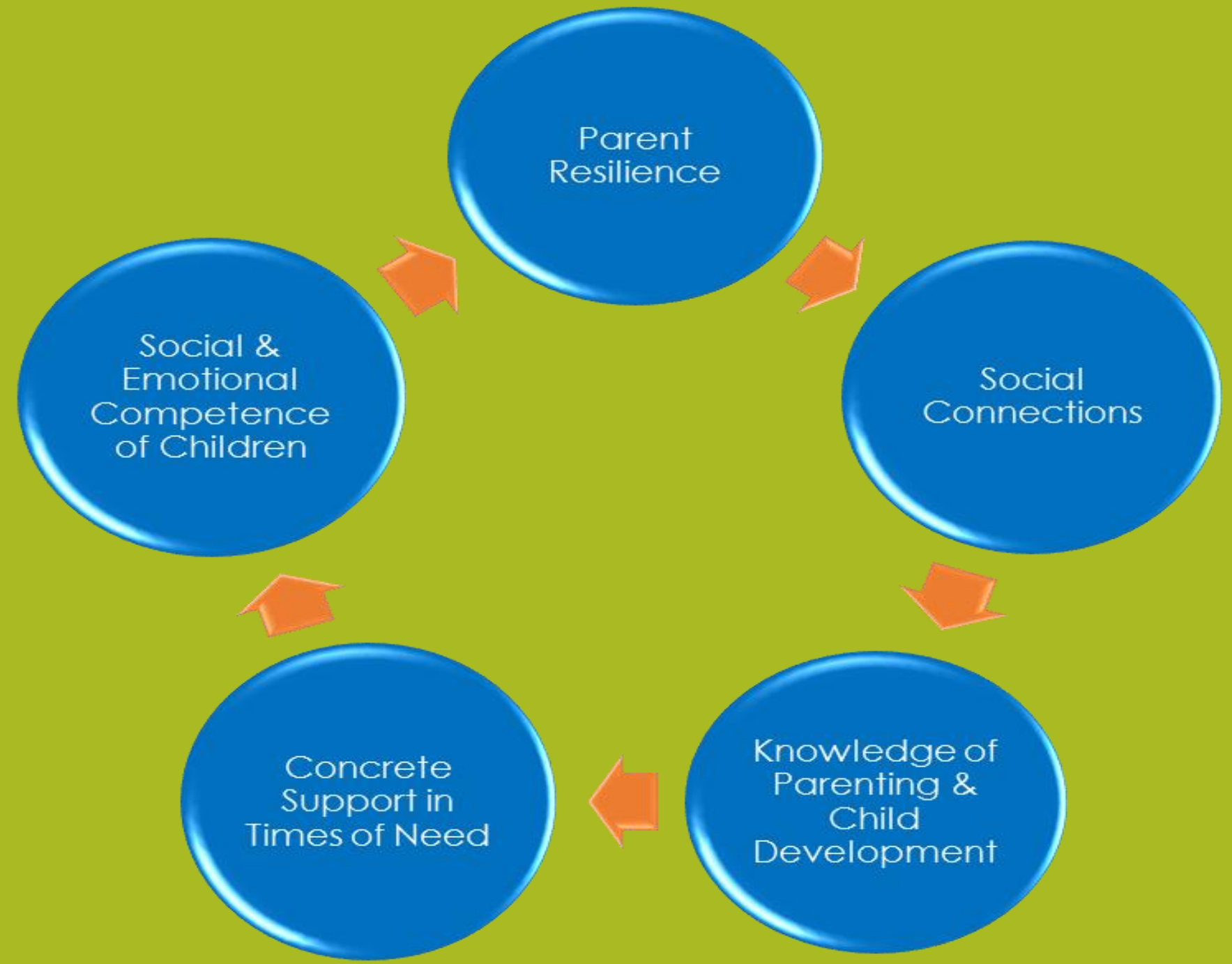
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The 5 Protective Factors



SOURCE:
Strengthening Families™ Framework developed by the Center for the Study of Social Policy (CSSP)
<https://cssp.org/project/strengthening-families/>

Protective Factor # 1

Parental Resilience

Resilience is the ability to bounce back from difficulties. There are two parts to resilience. The first is to be able to recognize and acknowledge difficulties and the feelings that go along with challenging event and situations. The second part of resilience is the ability to have hope, to problem solve and to take action in the midst of difficult events and feelings.

Song titles: We fall down but we get up by Donnie McClurkin
Alright by Kendrick Lamar



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Protective Factor # 2

Social Connections

Whenever a family is isolated from extended family or community, the children are more at risk. Many parents naturally develop friendships with other parents they meet in a child care program or school, but others may need help establishing those social connections. Creating opportunities for families to connect with one another and build relationships of trust strengthens the social fabric of a community, which protects and supports children.

Song title: We are family....I got all my sisters and me



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Protective Factor # 3

Concrete Supports in Times of Need

Whenever a family is isolated from extended family or community, the children are more at risk. Many parents naturally develop friendships with other parents they meet in a child care program or school, but others may need help establishing those social connections. Creating opportunities for families to connect with one another and build relationships of trust strengthens the social fabric of a community, which protects and supports children.

Song title: YMCA – Village People



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Protective Factor # 4

Knowledge of Parenting and Child Development

Parents with knowledge of parenting and their own child's development have more expectations and use more developmentally appropriate guidance techniques. Sharing information about child development with families, whether through an informal conversation, in a class, on a website, or by handing out brochures and other written information helps spread this knowledge. Parents learn best when they are talking about their own child right now.



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Song title: If I could by Regina Belle



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Protective Factor # 5

Social & Emotional Competence of Children

Children who receive high-quality early childhood education gets support for healthy social and emotional development in many ways. They learn how to identify their feelings, empathize with the feelings of others, share emotions appropriately, and solve problems with peers and adults. Children who are not in formal early childhood programs can also learn these skills from parents and caregivers. These skills are important for strengthening a child's resilience and ability to manage challenges throughout their life.

Song title: Nas - I Can

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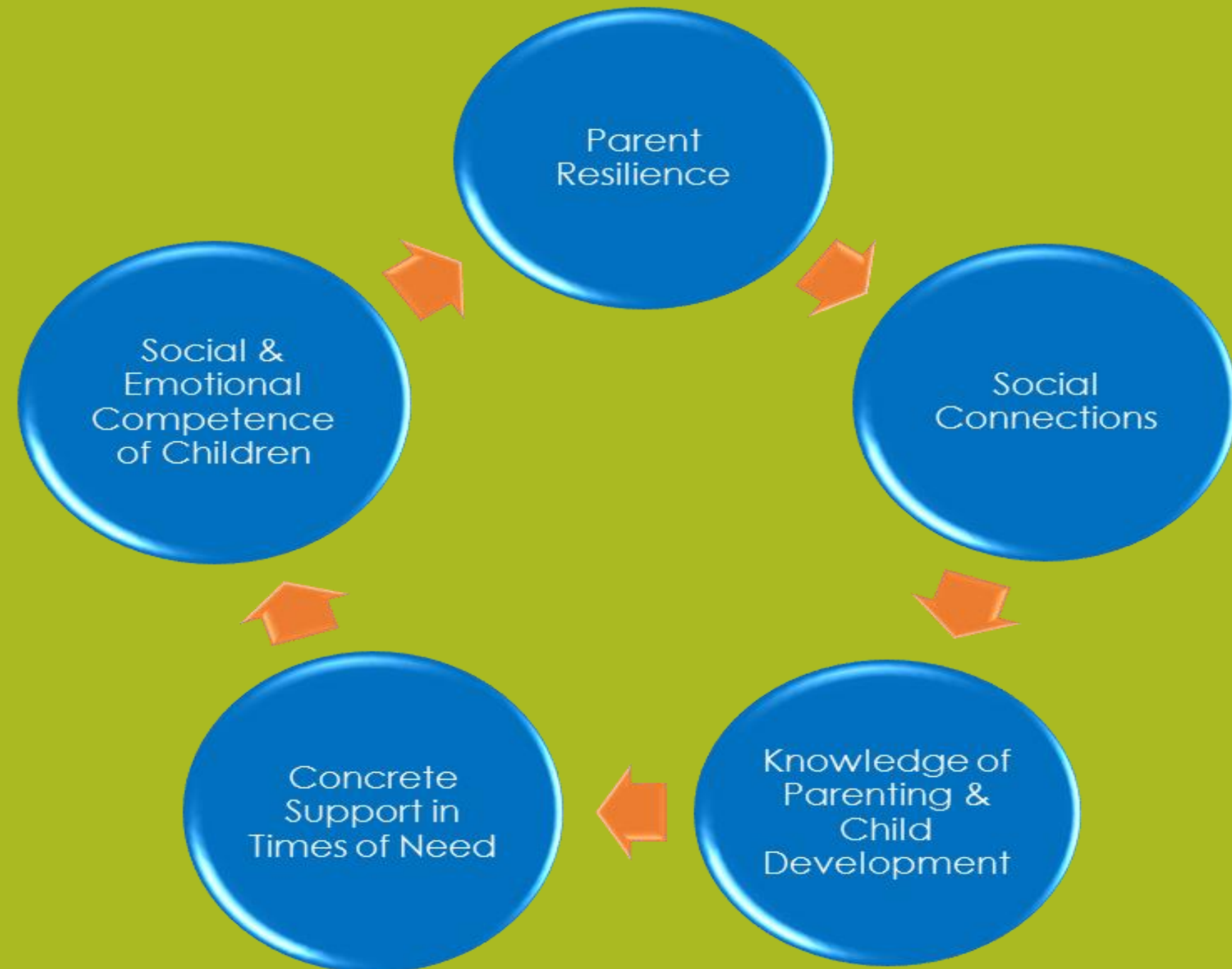
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The 5 Protective Factors



SOURCE:

Strengthening Families™ Framework developed by the Center for the Study of Social Policy (CSSP)

<https://cssp.org/project/strengthening-families/>



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Your Personal Vision

“Every journey begins with just one step.”

Within 10 years

Within 3 years

Within 1 year

Within 3 months

25TH ANNIVERSARY

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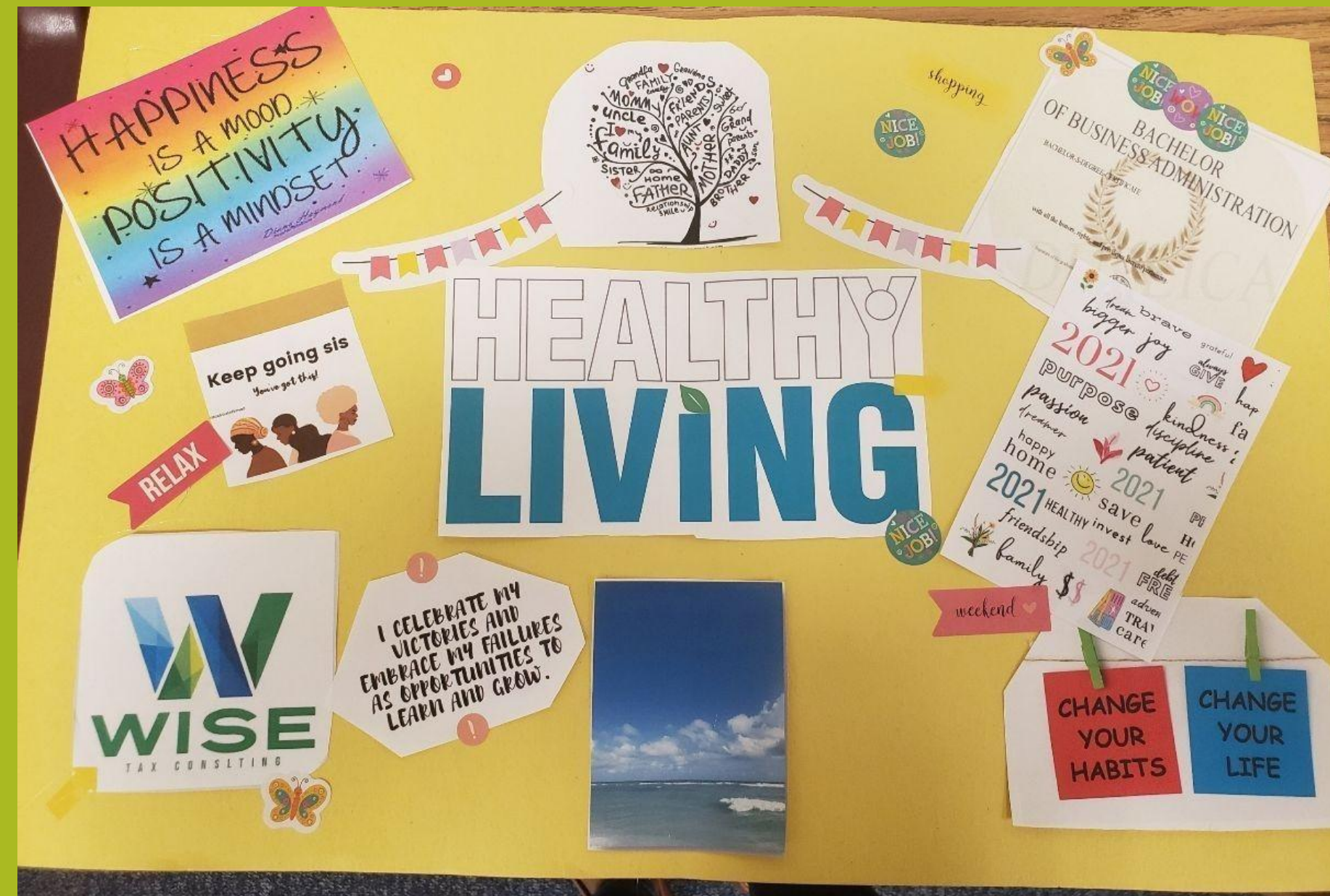
10 years: Retire

**3 years Graduate
with BA**

**1 Year: Purchase
a home**

**3 months:
Increase my
credit score by
30 points**

Aketa's Vision



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I-Messages

When you _____, I feel _____ and I would like
you to _____.

Community Action Cycle

What difference can we make?

Strategies: Your Personal Education Timeline



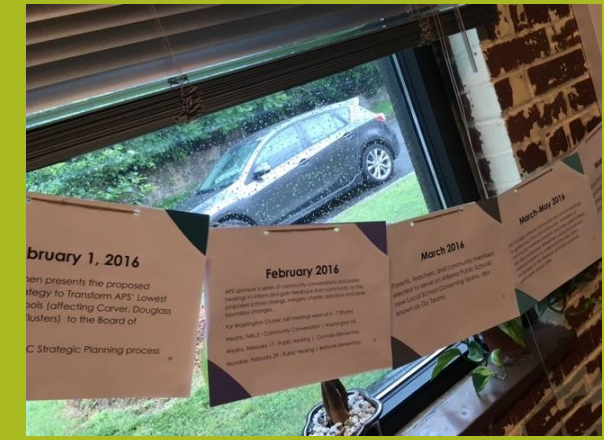
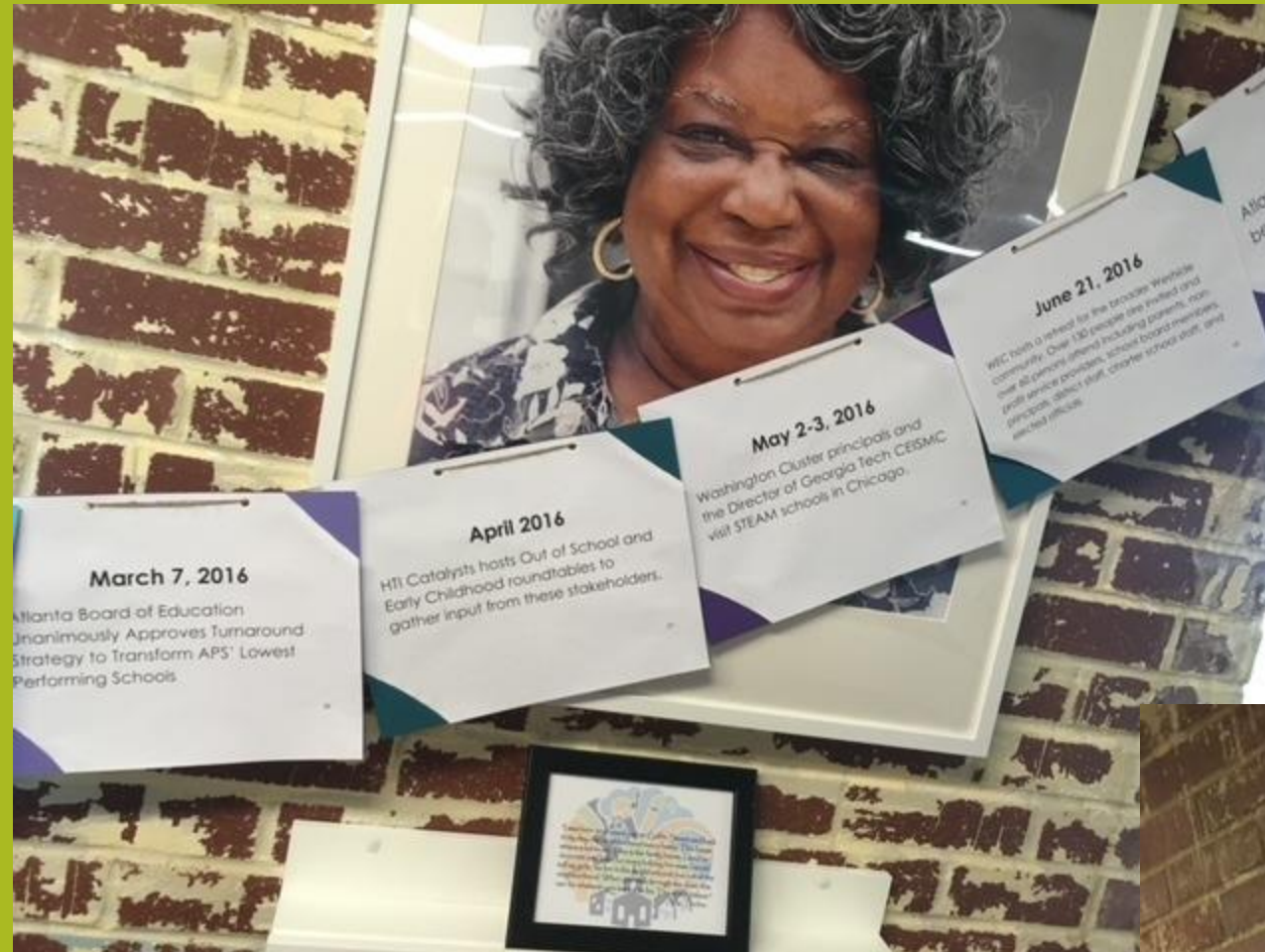
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Fostering Family Leader Graduations

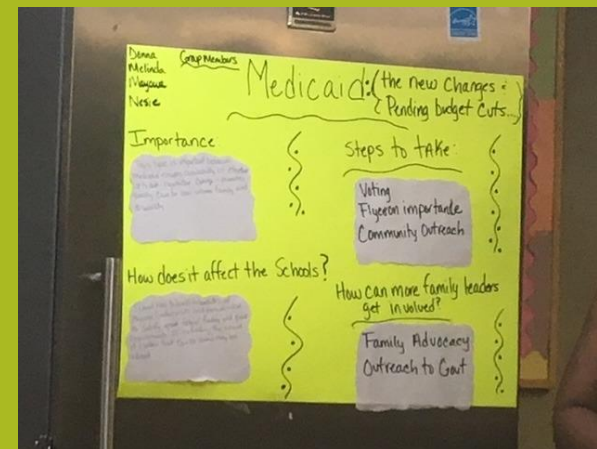


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Strategies for Invitations

Incentives

Each One Reach One

Build relationships

Child Care

Meals

Dates

This is a marathon, not a sprint!



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Questions

Comments

Concerns



SESSION SURVEY

We need your feedback. Please take a moment to give it to us.



The Children's Services Council of Palm Beach County provides significant funding for Prime Time's overall operations. The Palm Beach County Youth Services Department provides support for Prime Time's Middle School Out-of-School Time Initiative.





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It's not only children who grow. Parents do, too. As much as we watch to see what our children do with their lives, they are watching us to see what we do with ours. I can't tell my children to reach for the sun. All I can do is reach for it, myself.

Joyce Maynard

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