

Building REAL Safe Spaces for Teens

EJS Project Aarif Khan & Emanuel 'Dupree' Jackson

PRIME TIME PALM BEACH COUNTY AFTERSCHOOL SYMPOSIUM 2025

Empowering Young Minds, Engaging Communities, Creating Lasting Impact



Dedicated to Quality Out-of-School Time

Partners



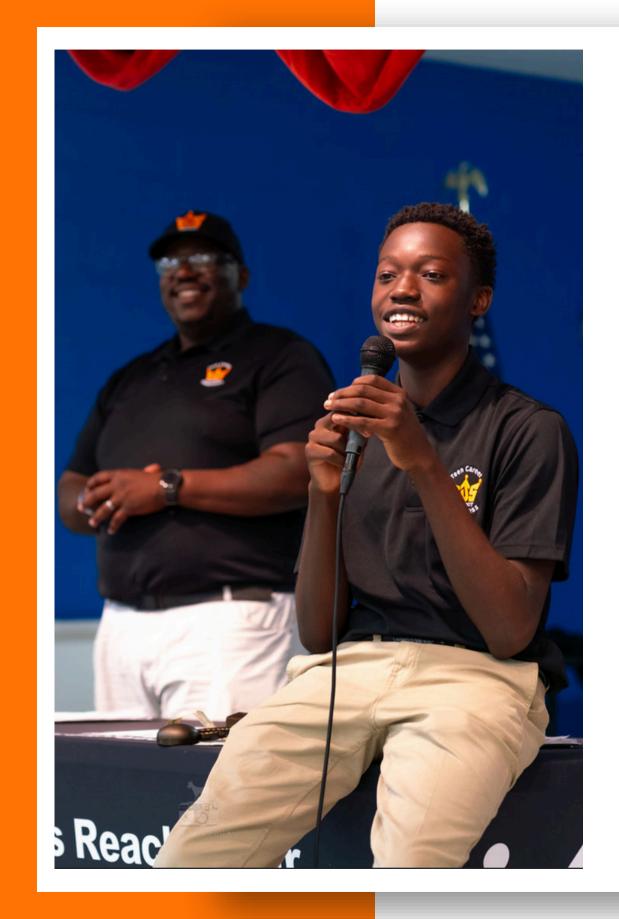


Sponsors











Building REAL Safe Spaces for Teens

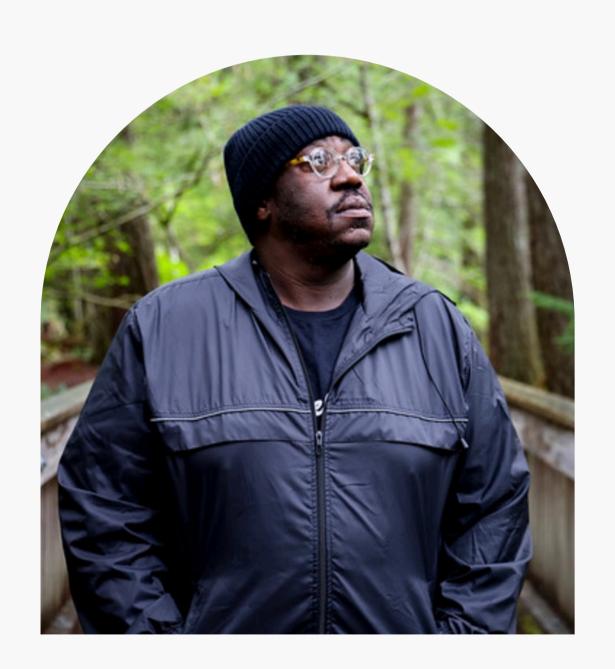
The EJS Project's Approach



Introductions



AARIF KHAN
Senior Program Manager
EJS Project



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EJS Project





Who's in the Room?





lce Breaker



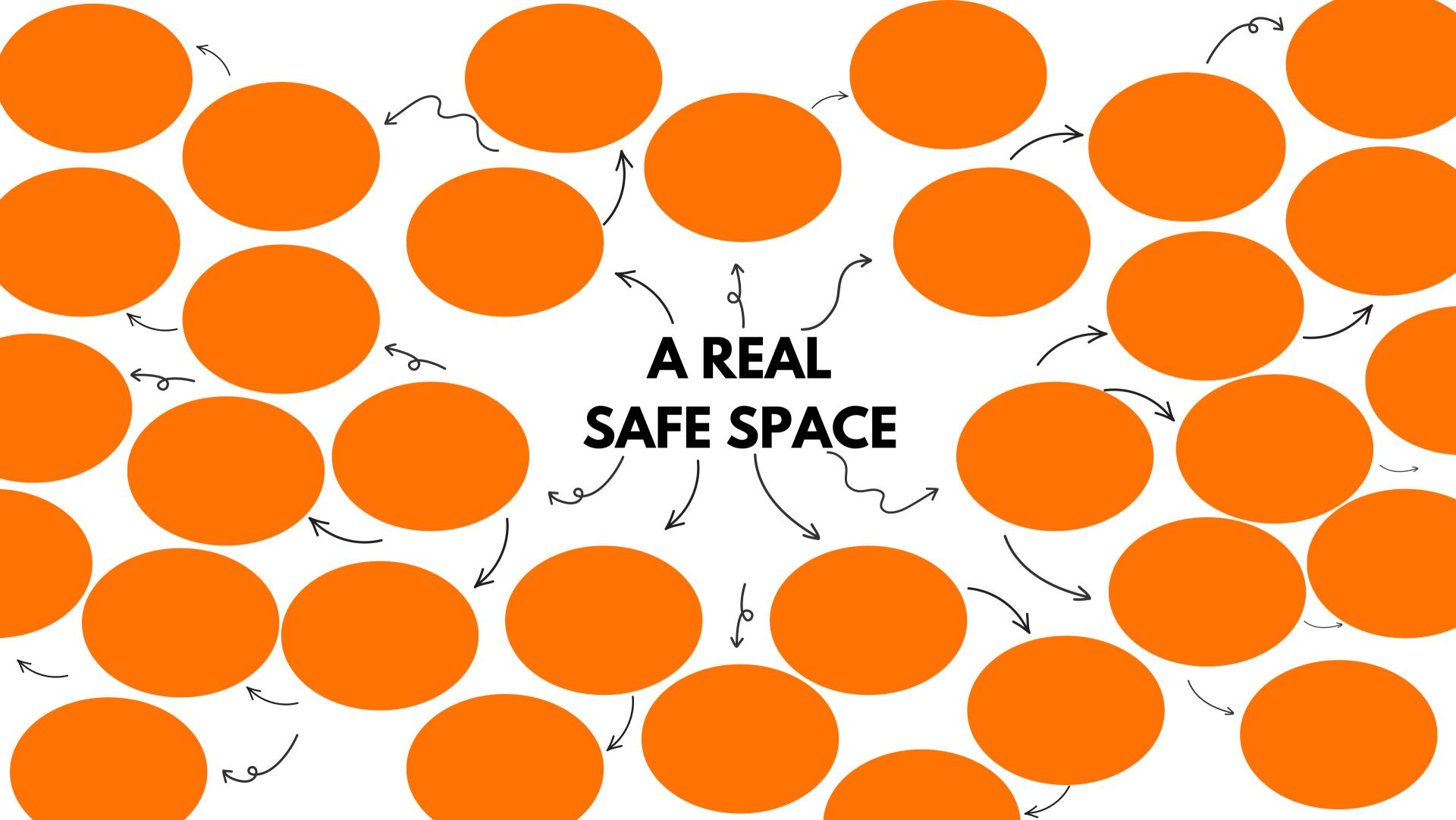


Let's take a quiz.





What is a safe space for students?



Here is where it starts

- Collective Impact
 - The collective impact model is a structured approach to tackling complex social problems through cross-sector collaboration and shared goals.
 - Individuals
 - Businesses
 - Government





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• Restorative Practices

- Set of strategies and behaviors that aim to repair relationships and resolve conflicts. The goal is to create healthy communities and reduce crime and antisocial behavior.
- People feel valued and heard
- Relationships matter and feelings count Redirection focuses on building awareness of the effects of individual decisions on others
- Mistakes are viewed as coaching opportunities
- Process is valued, as well as outcomes
- How things are decided matter as much as what is decided





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• Racial Equity (REI Workshop)

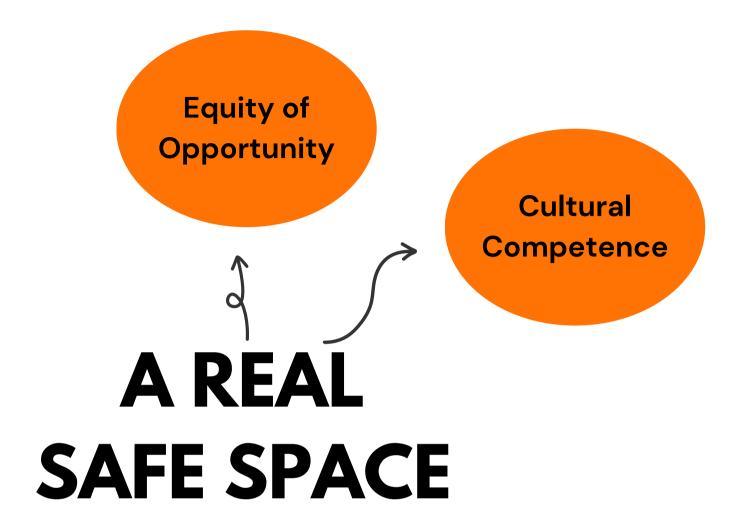
 By fostering a common understanding of racism and evaluating progress through periodic check-ins, REI equips organizations with the tools needed to move toward becoming truly anti-racist institutions.

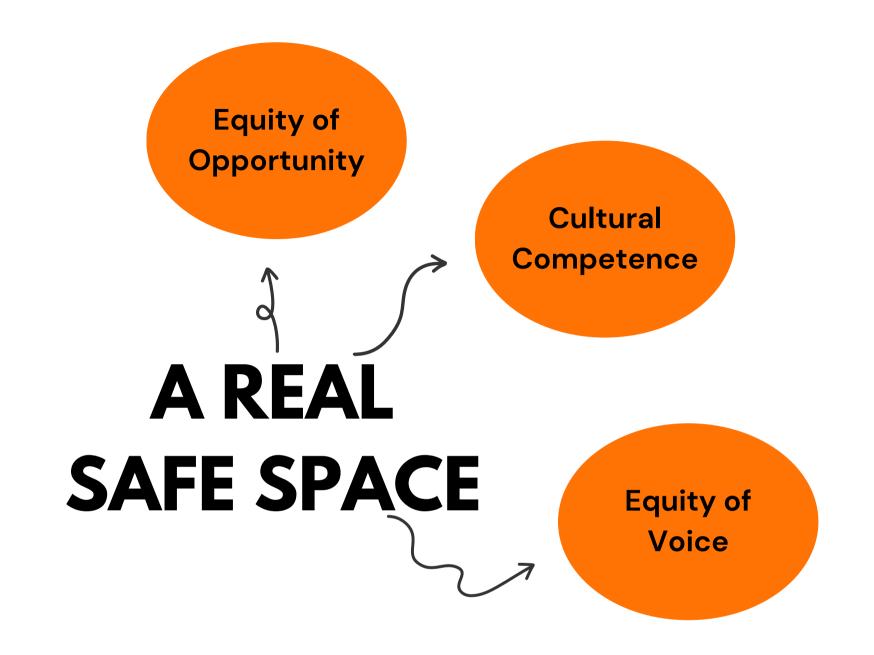






A REAL SAFE SPACE







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 - What do you know about us, and what do you hope to gain from participating in our program?



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 - Are you a part of/ involved in any other extracurricular activities?



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 - What are some areas that you would like to see improvement?
 - Are you a part of/ involved in any other extracurricular activities?
 - Is there any particular program that sticks out to you that you would like to be a part of?



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- This leads to our internal SWOT analysis of every students who walks through our doors



Internal SWOT Analysis



Strengths

- What does the student do well?
- What circumstances are currently working in the student's favor right now?



Weaknesses

- What does the student struggle with?
- What circumstances are currently not working in the student's favor right now?



Opportunities

 What opportunities can we provide to the student to uplift their strengths and work on their weaknesses?



Threats

- What circumstances in this student's life can pose a threat to their success?
- How can we be proactive to this situation?

At your tables create a scenario

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The others will take notes on the SWOT Analysis worksheet



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Let's do it!

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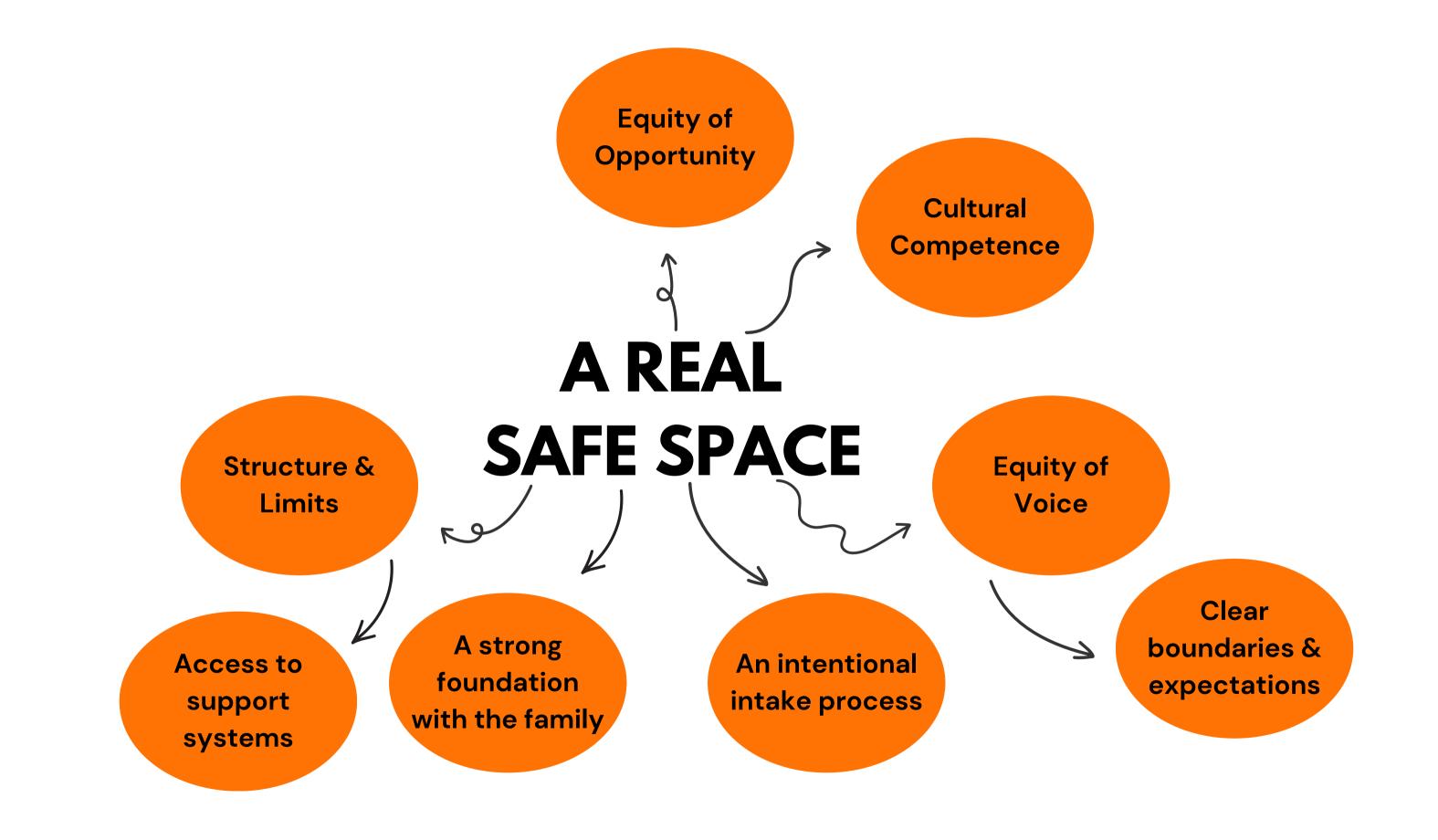
Share...give the SWOT Analysis















Restorative Practices

Restorative Principles

 Acknowledges that relationships are central to building community.

- Ensures equity of voice among all members of the community. All voices are valued, everyone is heard.
- Establishes a culture of high expectations with high support, emphasizing doing things "WITH" not "TO" or "FOR".
- Builds systems that address misbehavior and harm in a way that strengthens relationships and focuses on the harm done rather than only rule-breaking.
- Engages in collaborative problem solving.
- Enhances **accountability**, responsibility and empowers change and growth for all members of the community.





Authority

In Restorative Communities, There is a Shift in Orientation







Personal Power "over"



Ruler of the environment



"Because I said so, that's why"



Detached Overseer



 Uninvolved with student-to-student interaction



• Influential coach

 Attends to studentto-student interaction



Ethical power "with"



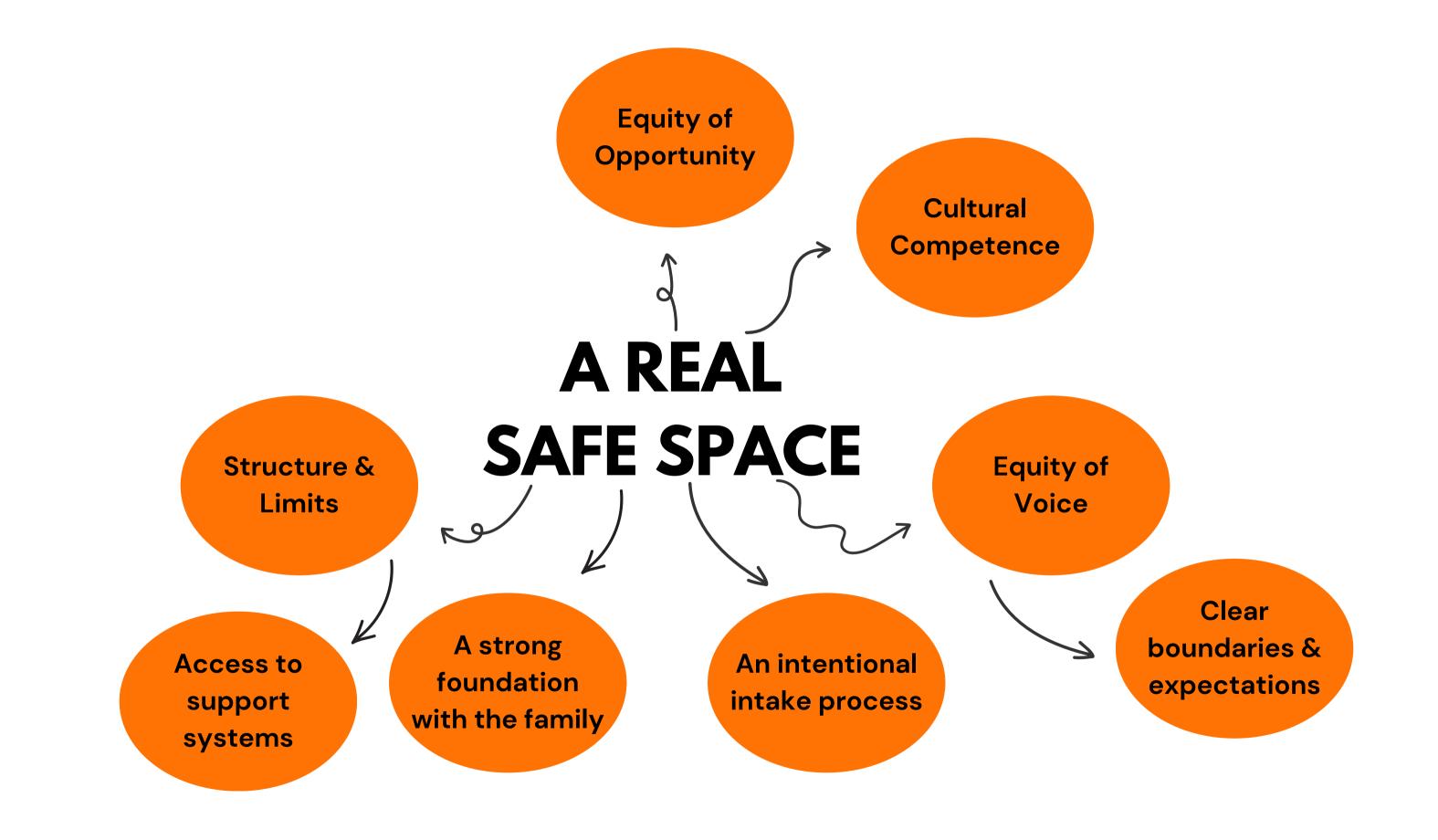
Caretaker of the environment

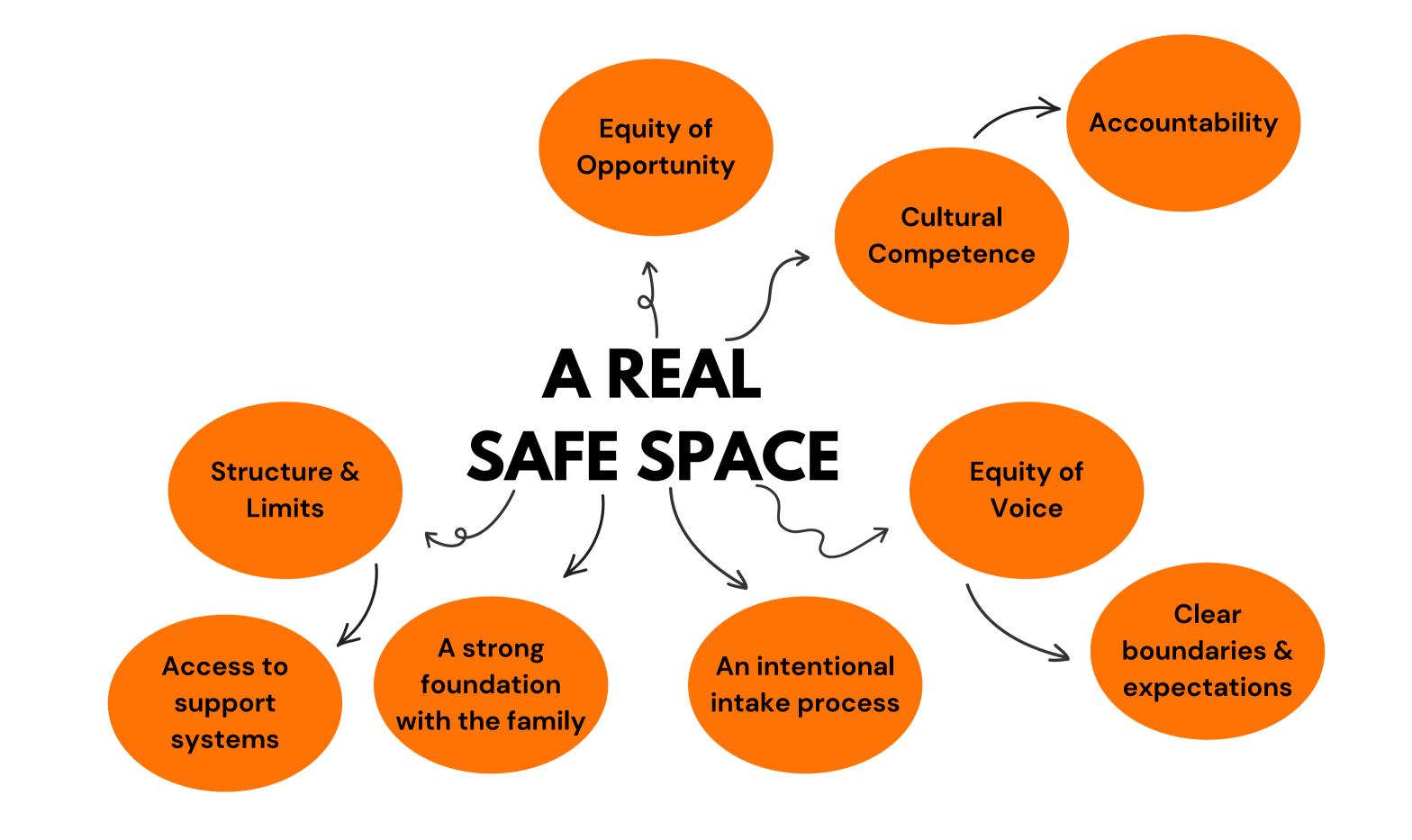


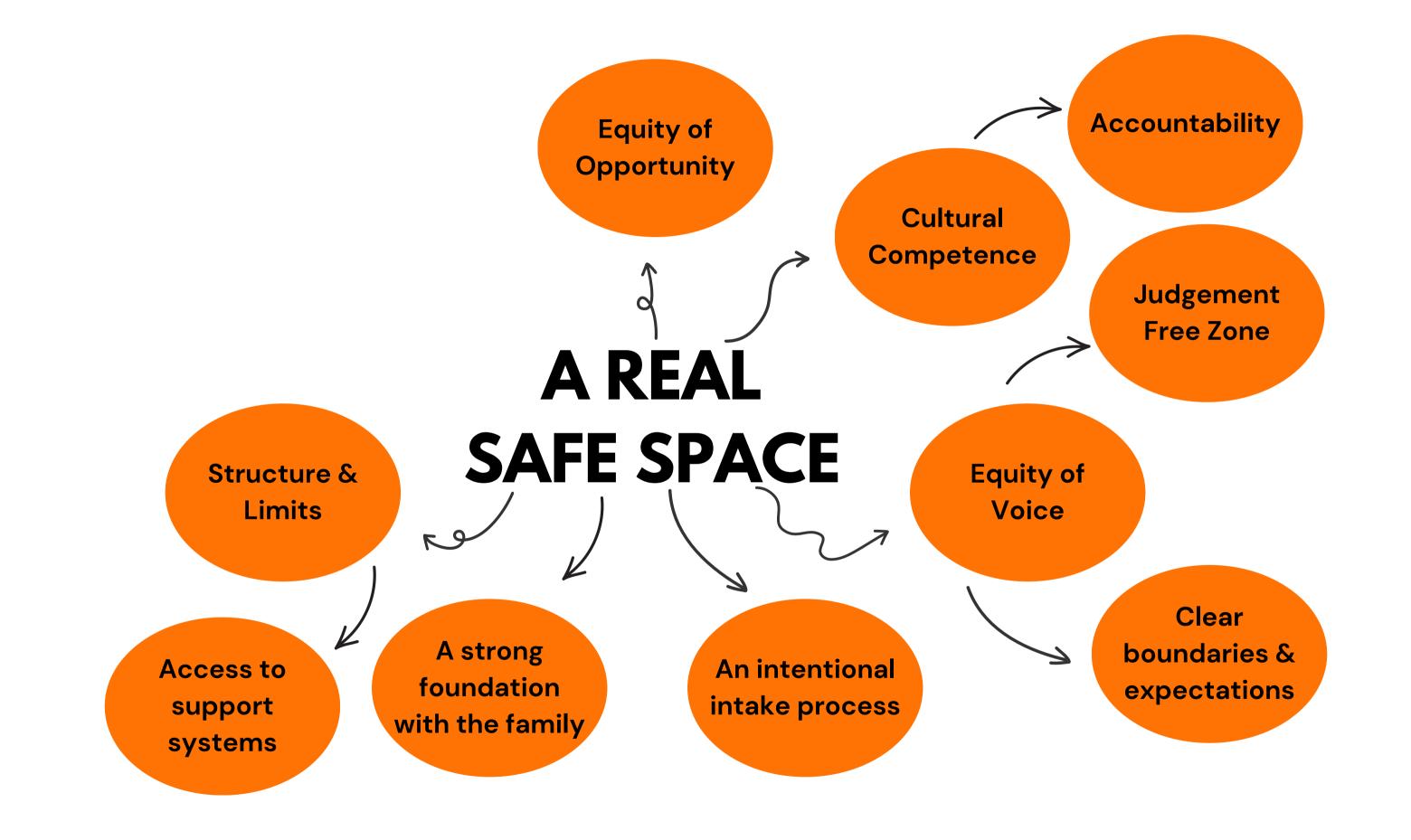
"Because it helps all of us"



Knowledgeable ally

















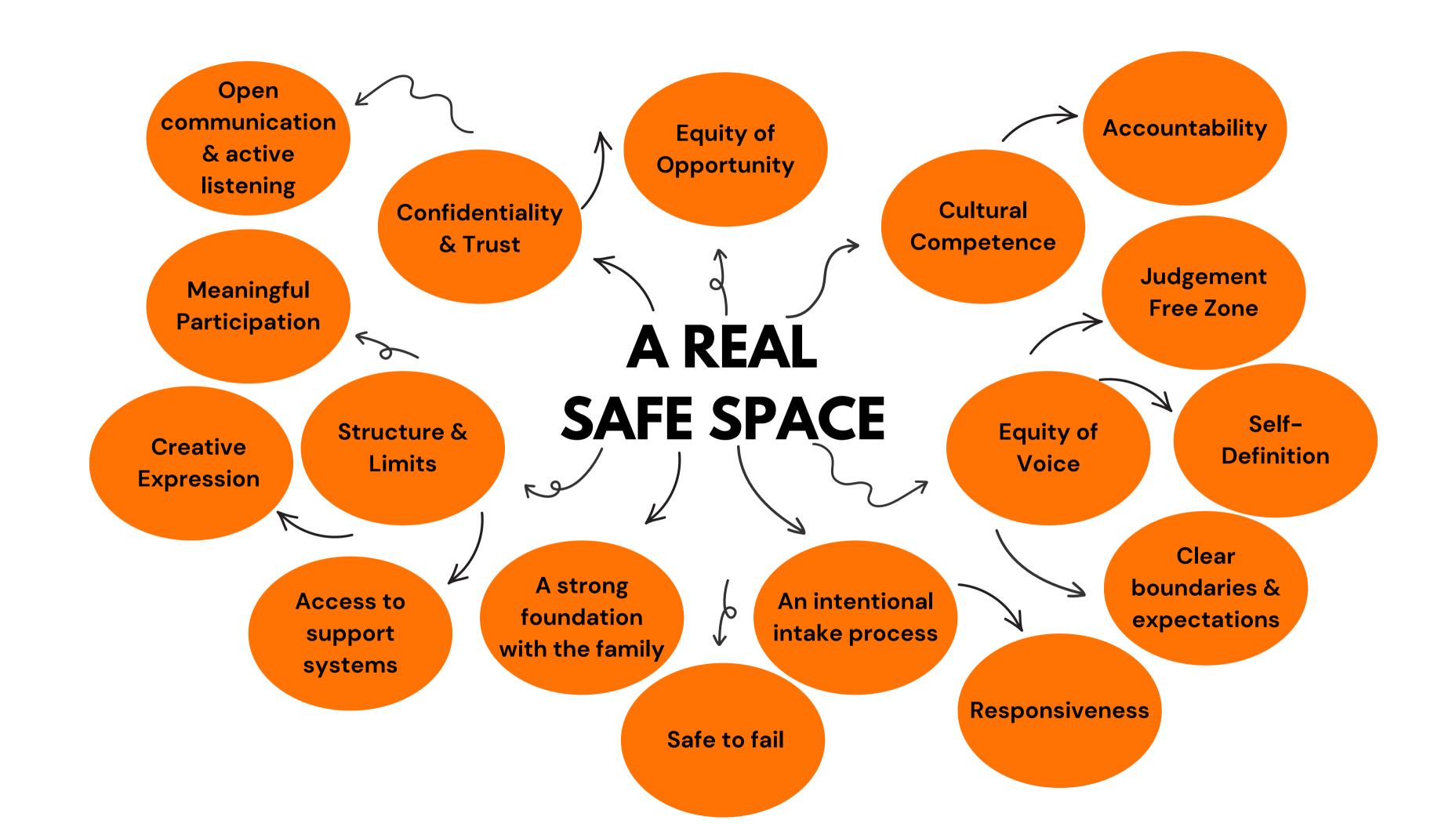


How it looks



















Red Tape





What is Red Tape?





What is Red Tape?

The dictionary definition is: excessive <u>bureaucracy</u> or <u>adherence</u> to rules and <u>formalities</u>, especially in public business.





What are some examples of red tape policies in beyond school hours organizations?





Some examples include:

Strict No-Contact Policies
Strict Transport Policies
Overly Strict Attendance Policies
Limited Communication Channels
Restrictive Behavioral Policies

What limited red tape can do



- What does healthy human interaction look like?
 - According to the National Institutes of Health, the average person needs "twelve hugs per day to achieve real psychological growth"
 - Students are forced to think about their feelings at least 1–
 3 times a day
- The EJS Project has been operating for 10 years for "high risk, high potential" youth in Palm Beach County. We are proud to say that we have never had a fight within our walls...
- If a student has an incident at school, before we find out from other students, teachers, or counselors, the student usually beats us to the punch to share the story themselves



So we Ask...Why the Red Tape?









What does the power dynamics in your organization look like?





What does the power dynamics in your organization look like?

Take 2 minutes to write it out in your hierarchy worksheet.

Typical Logic Model



Policy Makers, Funders, Donors



Board of Directors, Executive Director



Staff, Partners, Volunteers



Youth, Their Families & Greater Community



Our Logic Model

























Always remember this:





Always remember this: When a student is ready, the teacher will appear!









