



*Dedicated to Quality Out-of-School Time*

## **WHY CHOOSING A HIGH-QUALITY AFTERSCHOOL PROGRAM MATTERS**

A high-quality afterschool or summer program ensures your children are safe, encourages supportive relationships, fosters a sense of belonging and provides positive learning experiences. Research shows when programs are of high-quality, this is when programs, practitioners and families see true improvements and benefits.

Prime Time Palm Beach County provides resources and supports to afterschool programs in Palm Beach County to help deliver high-quality programming that allows children to thrive socially and academically.



## **BENEFITS TO HIGH QUALITY AFTERSCHOOL PROGRAMMING**



### **Yield Substantial Returns for Older Youth**

High quality afterschool programs reduce crime rates and show substantial improvements to academic outcomes translating into long-term economic benefits.



### **Academic Equity**

High quality afterschool programs cause more equitable academic outcomes for children who do not have access to arts, sciences, and sport content compared to affluent peers' private tutoring and lessons.



### **Well-being and Life Skills**

High quality afterschool programs foster a sense of belonging while supporting emotional regulation, social skill development and are associated with reduction in behavior problems in children from households stressed by poverty, parents' poor health, or other risk factors.



### **Economic Productivity**

High quality afterschool programs significantly enhance parents'/guardians focus and productivity at work while offering flexibility and balance to work-life responsibilities.

# Sources

## **Yield Substantial Returns for Older Youth**

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The Children's Services Council of Palm Beach County provides significant funding for Prime Time's overall operations. The Palm Beach County Youth Services Department provides support for Prime Time's Middle School Out-of-School Time Initiative.

