

Middle School / Teen-focused Professional Development

Prime Time offers supports and services to out-of-school time programs serving middle school-age youth. Prime Time Palm Beach County can help you strengthen out-of-school time programs.









Kamiah Hodge

561-600-9531 x105

khodge@primetimepbc.org

RECEIVE:

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|  | Program assessment, tailored coaching and feedback |  | Training and support for the development of Teen Advisory Councils |
|  | Staff training and opportunities to earn college credits |  | Monetary incentives for staff |
|  | Enrichment programming from content experts in the arts, technology, wellness and more |  | Access to the Zone, exclusive Facebook group |



The Zone

an exclusive Facebook group for practitioners working with teens



PRIZES

*Prize opportunities
(only available to members of
The Zone)*



REWARDS

*Available rewards and incentives
for youth participation on Prime
Time's Teen Advisory Council*



NETWORK

*Easy to use platform to
network with your peers*

Middle School/Teen-focused Trainings

The middle school/teen professional development training series is comprised of the following six core training offerings designed to complement and build on each other and provide a holistic learning experience. Each training is engaging and interactive!

Register at www.primetimepbcc.org.

Inspired to Empower Teens (Part 1 and 2)

This two-part foundational training is about you. It focuses on your powerful role as a middle school practitioner and examines your potential effect on teens. While considering the purpose and motive behind your work as a Youth Development Professional you will learn how to develop your potential to strengthen, inspire and empower the youth you work with every day.

Teen Advisory Councils (Parts 1-4)

In this captivating four-part series, which centers on youth-adult partnerships, you'll learn how to create, run and sustain a fun and effective Teen Advisory Council that will strengthen your program, give youth a meaningful voice, and provide additional benefits for both teens and adults.

Teens and the Family Connection (Parts 1 and 2)

This powerful training series shifts the attention to families and the critical role they play in ensuring that teens succeed. While exploring the challenges of raising a family in modern society, you will learn how to improve your connection with families and increase their involvement with their teens and your program. You will also gain several key principles and strategies to help you build a strong platform for effective family engagement.

Engaging Teens (Part 1 and 2)

This two-part training focuses on teens. You will learn how to engage middle school youth in a way that empowers and motivates them. You will also explore the developmental features of the adolescent brain and receive strategies for developing fun programs and activities that keep teens coming back.

Building a Positive Community with Teens (Parts 1-2)

This lively training series explores the environment in which you work with youth and provides strategies, fun group activities and relationship-building meeting structures that will help you establish a community that promotes positive experiences for teens.

The Responsive Teen Advisory Council (Single Session)

Take your Teen Advisory Council to the next level in this activity-filled training that introduces a strong well-being framework and routines designed to help council members build critical life skills while cultivating positive, meaningful relationships with their peers and with adults.