

WEEK #2 / 6-8 / ACTIVITY #1

AFFECT YOUR PARTNER!

OBJECTIVE: A useful game that will help students explore objective and tactics.

PREP: Write a list of feelings up on the board (provided at the bottom of this post)

DIRECTIONS:

1. Divide the students into pairs
2. Tell the students that you will give them 5 seconds to silently choose one of the feelings from the list on the board. They should not tell their partner what they have chosen.
3. When you say “Action”, they are to try and act out that feeling from their partner. Here’s the catch! You can’t use recognizable words and you cannot touch your partner. The students should strongly and actively pursue their objective, while allowing themselves to be affected by the actions of their partner.
5. Call “Action” and give them 60 seconds.
6. Play a few rounds, each time having them choose a new feeling from the board.

EXAMPLE FEELINGS:

SAD

HAPPY

EXCITED

WORRIED

NERVOUS

ANXIOUS

THRILLED

Reflection: *Were you successful? Was that challenging? What tactic did you find to be most successful?*