



The Arc
Palm Beach County

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MAY 22, 2019

<https://www.momjunction.com>

Interesting and Fun Activities for Teenagers with Autism



Draw Something app

If your teenager likes technology, you can try getting him or her to use the app called Draw Something. It is a social drawing tool that allows you to play with your friends and send messages in the form of pictures they draw.

How it helps: The game is about creative communication and teaches the teen a creative way to express himself and try to understand what the other person is trying to say.

You will need: A smartphone with the Draw Something app

Type: Indoor game

Instructions:

- Introduce the game to your teen. Use two phones to play the game with him first.
- Give your teen one phone, and you take the other. Play the game with each other first and see how he responds.
- In all probability, your teen would like it. Once he is comfortable with it, you can teach him how to play the game with other online players.



Spot the difference

Youth with autism have strong visual skills, but a hard time noticing subtle differences. You can help them make the most of their visual skills with this game.

How it helps: Stimulate their sense and encourage visual discrimination

You will need: A set of spot the difference games (search the app store on your smart device), sheets, or newspaper cuttings

Type: Indoor activity

Instructions:

- Start with a simple spot the difference games you find in the papers. Show how it is done and let your teenager try the next one.
- Let them take as much time and as many trials, as they need, while guiding them at every step.
- Do not reveal the answer to them, as that can be discouraging.
- Praise them each time they spot a difference.

**The Arc of Palm Beach County
Community Inclusion Program**

