

# 2009-2010 Professional Development Trainings



## West County

All West County trainings will be held at New Hope Charities in Pahokee and will begin promptly at 9 a.m. and conclude by 12 p.m., unless otherwise indicated.

### Training Title

### Dates Offered

#### *Ask-Listen-Encourage*

2/3/10

Positive relationships with warmth, connectedness and good communication and support aid in positive youth development and are connected to academic success. Participants will learn three key strategies: how to ask effective questions, how to listen and pay attention to the cues youth provide about their thoughts and feelings, and how to encourage youth in their efforts.

#### *Developing & Sustaining a Youth Advisory Council (Part 2)*

2/16/10

This is part two of an intensive two-part series for programs interested in strengthening or developing a youth advisory council. For more information, please see the complete training description listed above for part one of the series.

#### *Reframing Conflict*

3/2/10

This training promotes an approach in which adults support youth in addressing their conflicts and problems rather than punishing youth for "causing trouble." Participants will learn real world strategies and tips for responding positively to conflict.

#### *Active Learning*

3/23/10

Active learning is a way for young people to engage in a productive and interesting environment to learn concepts, skills and strategies for daily living, academic success and personal development. This training will give participants the strategies to create an active learning environment where young people use their hands, their bodies, and their minds instead of just reading or hearing about it.

#### *Scaffolding for Success*

4/6/10

Participants will be shown on to present tasks at just the right level of difficulty for young people and support them in achieving success. Staff will consider what young people already know or can do and how to provide them with new challenges just beyond where they are currently performing.

#### *Engaging Youth as Resources*

4/29/10

Participants will better understand how to effectively engage young people into peer staff positions, leadership roles and partnerships at their programs.

