

# 2009-2010 Professional Development



## East County

All East County trainings will be held at the United Way of Palm Beach County in Boynton Beach and will begin promptly at 9 a.m. and conclude by 12 p.m., unless otherwise indicated.

### Training Title

### Dates Offered

#### *How to Go from Good to Great in the Afterschool Field*

1/27/10, 5/12/10

Studies show that a well-trained, consistent and well-compensated workforce is essential to providing top quality afterschool programming. Participants will learn about the professional development system that has been created by and for afterschool practitioners in this county, including credit and non-credit pathways, core competencies, and scholarship program. Participants will also learn how all of the system pieces fit together and how to use the pieces to achieve greatness in the afterschool field.

#### *Tips for Summer Programming*

2/4/10

This training is a networking opportunity for afterschool staff who are responsible for summer programming. Participants will hear from individuals who have demonstrated success in their summer planning and programming. Program representatives are asked to bring their summer program information to share with others in attendance.

#### *Developing & Sustaining a Youth Advisory Council (Part 2)*

2/24/10

This is part two of an intensive two-part series for programs interested in strengthening or developing a youth advisory council. For more information, please see the complete training description listed above for part one of the series.

#### *Reframing Conflict*

3/3/10

This training promotes an approach in which adults support youth in addressing their conflicts and problems rather than punishing youth for "causing trouble." Participants will learn real world strategies and tips for responding positively to conflict.

#### *Active Learning*

3/24/10

Active learning is a way for young people to engage in a productive and interesting environment to learn concepts, skills and strategies for daily living, academic success and personal development. This training will give participants the strategies to create an active learning environment where young people use their hands, their bodies, and their minds instead of just reading or hearing about it.



**Training Title****Dates Offered***Embracing Your Role as a Mentor*

3/25/10, 5/26/10

Participants will understand the role they play as a mentor in their current position. Participants will also learn how to make the most out of those "mentoring moments."

*Scaffolding for Success*

4/7/10

Participants will be shown on to present tasks at just the right level of difficulty for young people and support them in achieving success. Staff will consider what young people already know or can do and how to provide them with new challenges just beyond where they are currently performing.

*Engaging Youth as Resources*

4/28/10

Participants will better understand how to effectively engage young people into peer staff positions, leadership roles and partnerships at their programs.

*Step Up for Proficiency*

5/27/10

Preparing children for the world is the responsibility of the entire community. Step Up for Proficiency is an unparalleled effort to bring together groups and individuals who support young people - parents and family, after-school program staff and youth workers, principals and teachers in the schools, youth themselves, employers recreational programs, faith-based organizations, city leadership and cultural/civic organizations.

Step Up for Proficiency focuses on two equally important objectives: academic proficiency for (virtually) all young people and the demonstration of strong character in young people's behavior, relationships and interaction. These objectives evolve into specific, measurable targets, subject to assessment and evaluation of progress.

As a result of the Step Up for Proficiency session, participants will: understand the mission in order to successfully prepare our young people for a quality life in the 21st century; explore the mindset required to achieve the mission; discuss the method for achieving the mission; learn concrete strategies (in the form of three lessons), including how to help young people respond to questions like "Am I smart enough to do this work?", "How do I work smart?", and "What does it mean when I get a poor grade and what should I do?"; and work on two concrete assignments to be a constructive force in the education process of the young people with whom they interact.